

Next Gen Nabs

Dr Ben Morris

What role(s) do you hold at the moment?

I am a Partner in a rural practice on Dartmoor and the Training Programme Director for the LEET GPST4s.



What's the best leadership/career advice you've ever received?

I think there are two things that have stuck with me. The first is it's not about leadership, it's about followship. I want everyone to move together in the same direction with common purpose and vision. The second is around personal values; to be fulfilled and to lead with clarity, you need to have a deep understanding of your values.

Who do you look up to?

Bit of a boring answer here. My dad, my wife and my partners. My dad is an extrovert and what you would consider a natural leader - by no means perfect but able to lead with clarity. My wife is an introvert and really would not consider herself a leader, she is caring, emotionally intelligent and thoughtful (all things I wish I was). I am one of 5 partners and (to lump them unceremoniously together) they are a great combination of fastidious, thorough, caring, funny, clear, empathetic, dynamic, thoughtful and well rounded. None of those attributes listed are my own so not quite sure what I add to the team!

What would you like to achieve by the end of your career?

I have intentionally given this very little thought. I do not want to map out my career but will be proud if I continue to develop and push myself while maintaining a great and healthy balance in my life.

What is something that people often get wrong about you?

I come across as an extrovert but would say I am a closet introvert. I enjoy working with my door open and don't mind the interruptions but recharge and get my energy from being alone or with my immediate family.

What's the last show that you binged and loved?

The days of binge watching shows are behind me I'm afraid. Our three year old and one year old have made sure my wife and I are forever exhausted! Monty Don on Gardner's World is probably what I watch the most regularly!

Who are your dream dinner party guests?

Well since the start of lock down dinner with others is long gone. We have had a few Zoom dinner dates and I think currently my dream dinner guests are our closest friends, Oli and Eli. Hoping to go away for new year together!

What's a snapshot of an ordinary moment in your life that brings you real joy?

Putting the kids to bed. An early morning run on the Moors with my dog Tui. Letting the chicks out and making sure they have enough food before I leave for work. Feeding my elderly horse Fred.

